

EMSRB / NREMT NCCP Requirements for **EMTs**

Purpose of Document: The Minnesota Emergency Medical Services Regulatory Board (Board) has adopted the National Registry of Emergency Medical Technicians (NREMT) – National Continued Competency Program (NCCP) requirements for ongoing recertification of **EMTs** in Minnesota. The following information is a guide for EMS personnel at the EMT certification level to follow to complete education requirements in **all recertification cycles after April 1, 2016**.

The NCCP has three components including the NCCR (National Continued Competency Requirements); LCCP (Local Continued Competency Requirements); and ICCR (Individual Continued Competency Requirements) to complete during an EMS providers two (2) year certification period.

	NCCR Hours	LCCR Hours	ICCR Hours	Total Hours
EMT	20	10	10	40

Each of these areas is outlined below:

NATIONAL Continued Competency Requirements:

The National Continued Competency Requirements (NCCR) replace the material currently taught in the traditional DOT refresher and represent 50% of the overall requirements necessary to renew National EMS Certification. Topics included in the National Continued Competency Requirements are updated every four years based upon input obtained from national EMS stakeholders. An overview of the current NCCR topics for the **EMT** certification level may be found at the following link: [EMT-NCCR Topics](#).

Individuals may use a course only once toward the total number of hours required in each topic. Individuals may complete up to 1/3 of the NCCR as Distributive Education (DE; i.e., CECBEMS Designation F3**, video review, directed studies, etc.). The maximum number of DE hours allowed for each level of certification for the national component can be found in Table 1. The total number of DE hours allowed for the NCCR will be decided by the NREMT's Continued Competency Committee and will be published with each change to the component topics.

Table 1: Maximum Number of DE Allowed for the NCCR

	NCCR Maximum Allowable DE
EMT	7 hours

How do I get the NCCR Education?

All National Continued Competency Requirement (NCCR) Components taught in Minnesota are administered by Minnesota-approved education programs.

LOCAL Continued Competency Requirements:

The Local Continued Competency Requirements (LCCR) are developed and delivered at the local EMS level and represent 25% of the necessary requirements for all provider levels. The LCCR topics may be chosen by State EMS Offices, EMS region directors (where applicable), and agency-level administrators (for example Medical Directors and Training Officers). Mechanisms that can be used to choose local topics include, but are not limited to:

- ☐ Changes in local protocols
- ☐ Tasks that require remediation based upon a quality assurance system
- ☐ National EMS Information Systems (NEMSIS)

Individuals may complete up to 2/3 of the LCCR as Distributive Education (DE; i.e., CECBEMS Designation F3**, video review, directed studies, etc.) The maximum number of DE hours allowed for EMT certification for the local component can be found in Table 2.

Table 2: Maximum Number of DE Allowed for the LCCR

	LCCR Maximum Allowable DE
EMT	7 hours

Practice Performance (Skills) Competency:

As with the traditional recertification model, verification of skill competence is required at the local level. ***Training Officers are responsible for the attestation of skill competency for EMTs.*** A detailed description of the skills requiring verification of continued competence may be found in Table 3. The expectation of validation of this part of the local requirements is that the EMS professional has been verified as competent over every required skill and any necessary remediation has been undertaken.

The following skills must be evaluated as part of the LOCAL Continued Competency Requirements for EMTs:

Table 3:

Patient Assessment/Management <input type="checkbox"/> Medical and Trauma	Cardiac Arrest Management <input type="checkbox"/> Automatic External Defibrillator (AED)
Ventilatory Management Skills/Knowledge <input type="checkbox"/> Simple adjuncts <input type="checkbox"/> Supplemental oxygen delivery <input type="checkbox"/> Bag-valve-mask <input type="radio"/> One-rescuer <input type="radio"/> Two-rescuer	Hemorrhage Control & Splinting Procedures Spinal Immobilization <input type="checkbox"/> Seated and lying patients
	OB/Gynecologic Skills/Knowledge
	Other Related Skills/Knowledge <input type="checkbox"/> Radio communications <input type="checkbox"/> Report writing and documentation

Competency may be verified through any of the following methods:

- ☐ Quality assurance or quality improvement programs
- ☐ Direct observation of the skills being performed in an actual setting
- ☐ Other means of skill evaluation (practical/psychomotor testing, etc.)

INDIVIDUAL Continued Competency Requirements:

The Individual Continued Competency Requirements (ICCR) represents 25% of the required continuing education. To satisfy these requirements, ***an individual may select any EMS-related education.*** There are no limitations on the number of hours in a specific topic. However, an individual may not use the same course more than once in a renewal cycle. Individuals may complete all hours (Table 4) of the ICCR as Distributive Education (DE; i.e., CECBEMS Designation F3**, video review, directed studies, etc.).

Table 4: Maximum Number of DE Allowed for the ICCR

	ICCR Maximum Allowable DE
EMT	10 hours

**NOTE: CECBEMS uses the F3 designation for distributive education. Other CECBEMS designations F1 (one-time events), F2 (multiple-event activities), and F5 (Virtual Instructor Led Training-VILT) are not classified as distributive education.